

## Pop Sidwell Masters Swim Meet - 2017-11-18

## Meet Program - Pop Sidwell Saturday

## Event 1 Mixed 800 SC Meter Freestyle

| Lane   | Name            | Age | Team         | Seed Time |
|--|-----------------|-----|--------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 02:45 PM</b> |                 |     |              |           |
| 1  | Fedra Salias    | W51 | Mid Can      | 15:25.69  |
| 2  | Andrew Loughead | M54 | MMAC-MB      | 12:00.00  |
| 3  | Brian Leier     | M59 | Assiniboine  | 10:56.00  |
| 4  | Edie Fisher     | W60 | MB Gray Owls | 11:33.00  |
| 5  | George Roy      | M71 | MB Gray Owls | 12:40.00  |
| 6  | Gilles Levesgue | M54 | CASO         | 18:00.00  |

## Event 2 Mixed 200 SC Meter Fr/Bk/Brst/Fly/IM

| Lane   | Name              | Age | Team         | Seed Time |
|--|-------------------|-----|--------------|-----------|
| <b>Heat 1 of 3 Finals Starts at 03:04 PM</b> |                   |     |              |           |
| 1  | Steve Dafoe       | M61 | TRAY-ON      | 4:22.14   |
| 2  | Ron Cameron       | M74 | MB Gray Owls | 4:09.00   |
| 3  | Gilles Levesgue   | M54 | CASO         | 4:30.00   |
| 4  | Kristopher Enns   | M38 | MMAC-MB      | 5:11.68   |
| <b>Heat 2 of 3 Finals Starts at 03:09 PM</b> |                   |     |              |           |
| 1  | Ariane Morissette | W29 | MMAC-MB      | 3:20.00   |
| 2  | Cheryl Goldhawk   | W54 | MMAC-MB      | 3:00.00   |
| 3  | Jennifer Gardiner | W38 | RMSC         | 3:10.00   |
| 4  | Paloma Corrin     | W30 | MB Gray Owls | 3:30.00   |
| <b>Heat 3 of 3 Finals Starts at 03:13 PM</b> |                   |     |              |           |
| 1  | Abigail Casey     | W45 | RMSC         | 2:41.53   |
| 2  | Natalya Milner    | W25 | RMSC         | 2:33.66   |
| 3  | Gord Mason        | M46 | MB Gray Owls | 2:40.00   |
| 4  | Laura Reynolds    | W27 | MB Gray Owls | 2:48.00   |

## Event 3 Mixed 25 SC Meter Butterfly

| Lane   | Name                | Age | Team    | Seed Time |
|--|---------------------|-----|---------|-----------|
| <b>Heat 1 of 2 Finals Starts at 03:16 PM</b> |                     |     |         |           |
| 1  | Kristopher Enns     | M38 | MMAC-MB | 33.67     |
| 2  | Michelle Livingston | W35 | KSSM    | 25.00     |
| 3  | Gilles Levesgue     | M54 | CASO    | 30.00     |
| <b>Heat 2 of 2 Finals Starts at 03:17 PM</b> |                     |     |         |           |
| 1  | David Cochrane      | M49 | BMSC    | 21.15     |
| 2  | Stephanie Lambert   | W31 | MMAC-MB | 20.00     |
| 3  | Abigail Casey       | W45 | RMSC    | 20.00     |

## Event 4 Mixed 100 SC Meter Backstroke

| Lane   | Name            | Age | Team         | Seed Time |
|--|-----------------|-----|--------------|-----------|
| <b>Heat 1 of 3 Finals Starts at 03:17 PM</b> |                 |     |              |           |
| 1  | Gilles Levesgue | M54 | CASO         | 3:00.00   |
| 2  | Francie Palmer  | W66 | Mid Can      | 1:37.00   |
| 3  | Margaret Pratt  | W67 | Winnipeg     | 2:20.00   |
| <b>Heat 2 of 3 Finals Starts at 03:21 PM</b> |                 |     |              |           |
| 1  | Bobbi Freeman   | W42 | MB Gray Owls | 1:35.93   |
| 2  | George Roy      | M71 | MB Gray Owls | 1:35.00   |
| 3  | Penny Kelly     | W64 | Mid Can      | 1:35.00   |

## Heat 3 of 3 Finals Starts at 03:23 PM

|   |                   |     |              |         |
|---|-------------------|-----|--------------|---------|
| 1 | Shauna Stasiuk    | W24 | MB Gray Owls | 1:29.00 |
| 2 | Sherri Blake      | W42 | MB Gray Owls | 1:16.70 |
| 3 | Kristine Goldhawk | W24 | BMSC         | 1:25.50 |
| 4 | Bob Modrcin       | M51 | Mid Can      | 1:30.00 |

## Event 5 Mixed 50 SC Meter Freestyle

| Lane   | Name                | Age | Team         | Seed Time |
|--|---------------------|-----|--------------|-----------|
| <b>Heat 1 of 8 Finals Starts at 03:25 PM</b> |                     |     |              |           |
| 1  | Steve Dafoe         | M61 | TRAY-ON      | 56.14     |
| 2  | Michelle Livingston | W35 | KSSM         | 41.00     |
| 3  | Cindy Genyk         | W45 | MB Gray Owls | 41.85     |
| <b>Heat 2 of 8 Finals Starts at 03:26 PM</b> |                     |     |              |           |
| 1  | Cary Smith          | W63 | Mid Can      | 41.00     |
| 2  | Anthony Densmore    | M34 | MMAC-MB      | 40.00     |
| 3  | Wenda Dickens       | W67 | Mid Can      | 40.00     |
| <b>Heat 3 of 8 Finals Starts at 03:27 PM</b> |                     |     |              |           |
| 1  | Sheila Sapirstein   | W57 | MMAC-MB      | 37.00     |
| 2  | Carolyn Longe       | W27 | KSSM         | 36.28     |
| 3  | David Kerr          | M71 | Winnipeg     | 37.00     |
| 4  | Gilles Levesgue     | M54 | CASO         | 40.00     |
| <b>Heat 4 of 8 Finals Starts at 03:28 PM</b> |                     |     |              |           |
| 1  | Bailey Palson       | W28 | MMAC-MB      | 36.01     |
| 2  | Ingrid Pulleyblank  | W36 | BMSC         | 35.30     |
| 3  | Trent Vos           | M34 | MMAC-MB      | 36.00     |
| 4  | Tom Lynch           | M55 | Mid Can      | 36.19     |
| <b>Heat 5 of 8 Finals Starts at 03:29 PM</b> |                     |     |              |           |
| 1  | Jennifer Gardiner   | W38 | RMSC         | 35.00     |
| 2  | Shannon Adam        | W48 | Mid Can      | 34.04     |
| 3  | Christy Myers Rust  | W47 | BMSC         | 34.10     |
| 4  | Stephanie Lambert   | W31 | MMAC-MB      | 35.00     |
| <b>Heat 6 of 8 Finals Starts at 03:30 PM</b> |                     |     |              |           |
| 1  | David Cochrane      | M49 | BMSC         | 33.52     |
| 2  | Andrew Loughead     | M54 | MMAC-MB      | 33.00     |
| 3  | Fredrick Nash       | M56 | Mid Can      | 33.50     |
| 4  | Abigail Casey       | W45 | RMSC         | 33.71     |
| <b>Heat 7 of 8 Finals Starts at 03:31 PM</b> |                     |     |              |           |
| 1  | Ruth Horne          | W52 | MMAC-MB      | 33.00     |
| 2  | Paul Bell           | M54 | KSSM         | 31.87     |
| 3  | Gord Mason          | M46 | MB Gray Owls | 32.00     |
| 4  | Cheryl Goldhawk     | W54 | MMAC-MB      | 33.00     |
| <b>Heat 8 of 8 Finals Starts at 03:31 PM</b> |                     |     |              |           |
| 1  | Alexander Love      | M30 | RMSC         | 29.00     |
| 2  | Steven Stothers     | M56 | MMAC-MB      | 28.00     |
| 3  | Brett Andronak      | M26 | MMAC-MB      | 29.00     |
| 4  | Brian Leier         | M59 | Assiniboine  | 29.67     |



## Pop Sidwell Masters Swim Meet - 2017-11-18

## Meet Program - Pop Sidwell Saturday

## Event 6 Mixed 200 SC Meter Fr/Bk/Brst/Fly/IM

| Lane   | Name              | Age | Team    | Seed Time |
|--|-------------------|-----|---------|-----------|
| <b>Heat 1 of 2 Finals Starts at 03:32 PM</b> |                   |     |         |           |
| 1  | Gilles Levesgue   | M54 | CASO    | 5:00.00   |
| 2  | Francie Palmer    | W66 | Mid Can | 3:40.00   |
| 3  | Kristopher Enns   | M38 | MMAC-MB | 4:18.52   |
| <b>Heat 2 of 2 Finals Starts at 03:37 PM</b> |                   |     |         |           |
| 1  | Bob Modrcin       | M51 | Mid Can | 3:10.00   |
| 2  | Kristine Goldhawk | W24 | BMSC    | 2:58.50   |
| 3  | Natalya Milner    | W25 | RMSC    | 3:00.00   |
| 4  | Jennifer Gardiner | W38 | RMSC    | 3:20.00   |

## Event 7 Mixed 100 SC Meter Breaststroke

| Lane   | Name              | Age | Team         | Seed Time |
|--|-------------------|-----|--------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 03:41 PM</b> |                   |     |              |           |
| 1  | Gilles Levesgue   | M54 | CASO         | 2:00.00   |
| 2  | Anthony Densmore  | M34 | MMAC-MB      | 1:40.00   |
| 3  | Sheila Sapirstein | W57 | MMAC-MB      | 1:45.00   |
| 4  | Ron Cameron       | M74 | MB Gray Owls | 2:05.00   |

## Event 8 Mixed 25 SC Meter Backstroke

| Lane   | Name            | Age | Team     | Seed Time |
|--|-----------------|-----|----------|-----------|
| <b>Heat 1 of 1 Finals Starts at 03:43 PM</b> |                 |     |          |           |
| 1  | Margaret Pratt  | W67 | Winnipeg | 32.00     |
| 2  | Cary Smith      | W63 | Mid Can  | 24.00     |
| 3  | Gilles Levesgue | M54 | CASO     | 30.00     |

## Event 9 Mixed 200 SC Meter Freestyle Relay

| Lane   | Team                     | Relay                  | Seed Time |
|--|--------------------------|------------------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 03:44 PM</b> |                          |                        |           |
| 1  | Mid Can                  | X240 A                 | 2:40.00   |
|  | 1) Francie Palmer W66    | 2) Wenda Dickens W67   |           |
|  | 3) Tom Lynch M55         | 4) Fredrick Nash M56   |           |
| 2  | MMAC-MB                  | X160 A                 | 2:00.00   |
|  | 1) Brett Andronak M26    | 2) Ruth Horne W52      |           |
|  | 3) Stephanie Lambert W31 | 4) Steven Stothers M56 |           |
| 3  | Mid Can                  | X200 B                 | 2:39.00   |
|  | 1) Cary Smith W63        | 2) Bob Groff M71       |           |
|  | 3) Fedra Salias W51      | 4) Bob Modrcin M51     |           |

## Event 10 Mixed 50 SC Meter Butterfly

| Lane   | Name            | Age | Team         | Seed Time |
|--|-----------------|-----|--------------|-----------|
| <b>Heat 1 of 5 Finals Starts at 03:47 PM</b> |                 |     |              |           |
| 1  | Steve Dafoe     | M61 | TRAY-ON      | 58.14     |
| 2  | Paloma Corrin   | W30 | MB Gray Owls | 48.00     |
| 3  | Gilles Levesgue | M54 | CASO         | 1:00.00   |
| <b>Heat 2 of 5 Finals Starts at 03:49 PM</b> |                 |     |              |           |
| 1  | Tom Lynch       | M55 | Mid Can      | 42.00     |
| 2  | David Kerr      | M71 | Winnipeg     | 40.00     |
| 3  | Fredrick Nash   | M56 | Mid Can      | 40.00     |
| 4  | Trent Vos       | M34 | MMAC-MB      | 45.00     |

## Heat 3 of 5 Finals Starts at 03:50 PM

|   |                   |     |              |       |
|---|-------------------|-----|--------------|-------|
| 1 | Jennifer Gardiner | W38 | RMSC         | 38.00 |
| 2 | Ruth Horne        | W52 | MMAC-MB      | 36.50 |
| 3 | Eddie Fisher      | W60 | MB Gray Owls | 37.00 |
| 4 | Cheryl Goldhawk   | W54 | MMAC-MB      | 39.00 |

## Heat 4 of 5 Finals Starts at 03:50 PM

|   |                |     |             |       |
|---|----------------|-----|-------------|-------|
| 1 | Abigal Casey   | W45 | RMSC        | 35.36 |
| 2 | Natalya Milner | W25 | RMSC        | 34.30 |
| 3 | Brian Leier    | M59 | Assiniboine | 34.41 |
| 4 | Laura Bliss    | W30 | Mid Can     | 36.50 |

## Heat 5 of 5 Finals Starts at 03:51 PM

|   |                 |     |              |       |
|---|-----------------|-----|--------------|-------|
| 1 | Brett Andronak  | M26 | MMAC-MB      | 31.00 |
| 2 | Steven Stothers | M56 | MMAC-MB      | 29.50 |
| 3 | Alexander Love  | M30 | RMSC         | 30.00 |
| 4 | Laura Reynolds  | W27 | MB Gray Owls | 34.00 |

## Event 11 Mixed 400 SC Meter Freestyle

| Lane   | Name              | Age | Team         | Seed Time |
|--|-------------------|-----|--------------|-----------|
| <b>Heat 1 of 2 Finals Starts at 03:52 PM</b> |                   |     |              |           |
| 1  | Anthony Densmore  | M34 | MMAC-MB      | 7:00.00   |
| 2  | George Roy        | M71 | MB Gray Owls | 6:20.00   |
| 3  | Penny Kelly       | W64 | Mid Can      | 6:30.00   |
| 4  | Gilles Levesgue   | M54 | CASO         | 8:00.00   |
| <b>Heat 2 of 2 Finals Starts at 04:00 PM</b> |                   |     |              |           |
| 1  | Abigal Casey      | W45 | RMSC         | 5:45.00   |
| 2  | Natalya Milner    | W25 | RMSC         | 5:23.72   |
| 3  | Kristine Goldhawk | W24 | BMSC         | 5:30.25   |
| 4  | Laura Reynolds    | W27 | MB Gray Owls | 5:45.00   |

## Event 12 Mixed 100 SC Meter IM

| Lane   | Name               | Age | Team         | Seed Time |
|--|--------------------|-----|--------------|-----------|
| <b>Heat 1 of 4 Finals Starts at 04:21 PM</b> |                    |     |              |           |
| 1  | Steve Dafoe        | M61 | TRAY-ON      | 2:10.14   |
| 2  | Bobbi Freeman      | W42 | MB Gray Owls | 1:46.00   |
| 3  | Gilles Levesgue    | M54 | CASO         | 2:00.00   |
| 4  | Ron Cameron        | M74 | MB Gray Owls | 2:10.00   |
| <b>Heat 2 of 4 Finals Starts at 04:24 PM</b> |                    |     |              |           |
| 1  | Carollyn Longe     | W27 | KSSM         | 1:35.89   |
| 2  | Bailey Palson      | W28 | MMAC-MB      | 1:31.09   |
| 3  | George Roy         | M71 | MB Gray Owls | 1:35.00   |
| 4  | Sheila Sapirstein  | W57 | MMAC-MB      | 1:36.00   |
| <b>Heat 3 of 4 Finals Starts at 04:26 PM</b> |                    |     |              |           |
| 1  | Jennifer Gardiner  | W38 | RMSC         | 1:30.00   |
| 2  | Fredrick Nash      | M56 | Mid Can      | 1:30.00   |
| 3  | Andrew Loughead    | M54 | MMAC-MB      | 1:30.00   |
| 4  | David Cochrane     | M49 | BMSC         | 1:30.64   |
| <b>Heat 4 of 4 Finals Starts at 04:27 PM</b> |                    |     |              |           |
| 1  | Ingrid Pulleyblank | W36 | BMSC         | 1:28.50   |
| 2  | Sherri Blake       | W42 | MB Gray Owls | 1:23.00   |
| 3  | Shauna Stasiuk     | W24 | MB Gray Owls | 1:26.00   |
| 4  | Christy Myers Rust | W47 | BMSC         | 1:29.48   |



**Pop Sidwell Masters Swim Meet - 2017-11-18**  
**Meet Program - Pop Sidwell Saturday**

**Event 13 Mixed 25 SC Meter Freestyle**

| Lane   | Name                | Age | Team         | Seed Time |
|--|---------------------|-----|--------------|-----------|
| <b>Heat 1 of 2 Finals Starts at 04:29 PM</b> |                     |     |              |           |
| 1  | Gilles Levesgue     | M54 | CASO         | 30.00     |
| 2  | Wenda Dickens       | W67 | Mid Can      | 20.00     |
| 3  | Kristopher Enns     | M38 | MMAC-MB      | 22.90     |
| 4  | Margaret Pratt      | W67 | Winnipeg     | 30.00     |
| <b>Heat 2 of 2 Finals Starts at 04:30 PM</b> |                     |     |              |           |
| 1  | Anthony Densmore    | M34 | MMAC-MB      | 18.00     |
| 2  | Gord Mason          | M46 | MB Gray Owls | 16.00     |
| 3  | Fedra Salias        | W51 | Mid Can      | 17.16     |
| 4  | Michelle Livingston | W35 | KSSM         | 19.00     |

**Event 14 Mixed 50 SC Meter Breaststroke**

| Lane   | Name             | Age | Team         | Seed Time |
|--|------------------|-----|--------------|-----------|
| <b>Heat 1 of 3 Finals Starts at 04:30 PM</b> |                  |     |              |           |
| 1  | Gilles Levesgue  | M54 | CASO         | 1:00.00   |
| 2  | Fedra Salias     | W51 | Mid Can      | 52.53     |
| 3  | Paloma Corrin    | W30 | MB Gray Owls | 52.82     |
| 4  | Bobbie Holland   | W76 | Winnipeg     | 1:01.63   |
| <b>Heat 2 of 3 Finals Starts at 04:32 PM</b> |                  |     |              |           |
| 1  | Anthony Densmore | M34 | MMAC-MB      | 50.00     |
| 2  | Fredrick Nash    | M56 | Mid Can      | 45.00     |
| 3  | David Kerr       | M71 | Winnipeg     | 49.00     |
| 4  | Bob Groff        | M71 | Mid Can      | 50.00     |
| <b>Heat 3 of 3 Finals Starts at 04:33 PM</b> |                  |     |              |           |
| 1  | Natalya Milner   | W25 | RMSC         | 44.26     |
| 2  | Alexander Love   | M30 | RMSC         | 40.00     |
| 3  | Andrew Loughead  | M54 | MMAC-MB      | 43.00     |
| 4  | Cheryl Goldhawk  | W54 | MMAC-MB      | 45.00     |

**Event 15 Mixed 200 SC Meter Medley Relay**

| Lane   | Team                      | Relay                     | Seed Time |
|--|---------------------------|---------------------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 04:34 PM</b> |                           |                           |           |
| 1  | Mid Can                   | X200 A                    | 2:40.00   |
|  | 1) Francie Palmer W66     | 2) Fredrick Nash M56      |           |
|  | 3) Laura Bliss W30        | 4) Tom Lynch M55          |           |
| 2  | MMAC-MB                   | X160 A                    | 2:30.00   |
|  | 1) Stephanie Lambert W31  | 2) Cheryl Goldhawk W54    |           |
|  | 3) Steven Stothers M56    | 4) Brett Andronak M26     |           |
| 3  | BMSC                      | 120 A                     | 2:40.00   |
|  | 1) David Cochrane M49     | 2) Kristine Goldhawk W24  |           |
|  | 3) Christy Myers Rust W47 | 4) Ingrid Pulleyblank W36 |           |
| 4  | Mid Can                   | X200 B                    | 2:42.00   |
|  | 1) Bob Groff M71          | 2) Fedra Salias W51       |           |
|  | 3) Shannon Adam W48       | 4) Bob Modrcin M51        |           |

**Event 16 Mixed 100 SC Meter Butterfly**

| Lane   | Name              | Age | Team         | Seed Time |
|--|-------------------|-----|--------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 04:37 PM</b> |                   |     |              |           |
| 1  | Ariane Morissette | W29 | MMAC-MB      | 1:40.00   |
| 2  | Ruth Horne        | W52 | MMAC-MB      | 1:22.00   |
| 3  | Shauna Stasiuk    | W24 | MB Gray Owls | 1:32.00   |
| 4  | Gilles Levesgue   | M54 | CASO         | 2:30.00   |

**Event 17 Mixed 200 SC Meter Fr/Bk/Brst/Fly/IM**

| Lane   | Name              | Age | Team         | Seed Time |
|--|-------------------|-----|--------------|-----------|
| <b>Heat 1 of 2 Finals Starts at 04:40 PM</b> |                   |     |              |           |
| 2  | Bobbi Freeman     | W42 | MB Gray Owls | 3:30.00   |
| 3  | Gilles Levesgue   | M54 | CASO         | 5:00.00   |
| <b>Heat 2 of 2 Finals Starts at 04:45 PM</b> |                   |     |              |           |
| 1  | Jennifer Gardiner | W38 | RMSC         | 3:00.00   |
| 2  | Sherri Blake      | W42 | MB Gray Owls | 2:34.02   |
| 3  | George Roy        | M71 | MB Gray Owls | 2:55.00   |

**Event 18 Mixed 50 SC Meter Backstroke**

| Lane   | Name              | Age | Team         | Seed Time |
|--|-------------------|-----|--------------|-----------|
| <b>Heat 1 of 4 Finals Starts at 04:48 PM</b> |                   |     |              |           |
| 1  | Ron Cameron       | M74 | MB Gray Owls | 1:12.00   |
| 2  | Wenda Dickens     | W67 | Mid Can      | 50.00     |
| 3  | Francie Palmer    | W66 | Mid Can      | 50.00     |
| 4  | Gilles Levesgue   | M54 | CASO         | 1:30.00   |
| <b>Heat 2 of 4 Finals Starts at 04:50 PM</b> |                   |     |              |           |
| 1  | David Kerr        | M71 | Winnipeg     | 46.00     |
| 2  | Cheryl Goldhawk   | W54 | MMAC-MB      | 44.00     |
| 3  | Bob Groff         | M71 | Mid Can      | 45.00     |
| 4  | Penny Kelly       | W64 | Mid Can      | 49.00     |
| <b>Heat 3 of 4 Finals Starts at 04:52 PM</b> |                   |     |              |           |
| 1  | David Cochrane    | M49 | BMSC         | 40.90     |
| 2  | Edie Fisher       | W60 | MB Gray Owls | 39.00     |
| 3  | Stephanie Lambert | W31 | MMAC-MB      | 40.00     |
| 4  | Carollyn Longe    | W27 | KSSM         | 43.77     |
| <b>Heat 4 of 4 Finals Starts at 04:53 PM</b> |                   |     |              |           |
| 1  | Paul Bell         | M54 | KSSM         | 37.50     |
| 2  | Steven Stothers   | M56 | MMAC-MB      | 35.00     |
| 3  | Alexander Love    | M30 | RMSC         | 35.00     |
| 4  | Laura Bliss       | W30 | Mid Can      | 38.00     |

**Event 19 Mixed 25 SC Meter Breaststroke**

| Lane   | Name            | Age | Team     | Seed Time |
|--|-----------------|-----|----------|-----------|
| <b>Heat 1 of 1 Finals Starts at 04:54 PM</b> |                 |     |          |           |
| 2  | Bobbie Holland  | W76 | Winnipeg | 28.50     |
| 3  | Gilles Levesgue | M54 | CASO     | 30.00     |



## Pop Sidwell Masters Swim Meet - 2017-11-18

## Meet Program - Pop Sidwell Saturday

**Event 20 Mixed 100 SC Meter Freestyle**

| Lane   | Name               | Age | Team         | Seed Time |
|--|--------------------|-----|--------------|-----------|
| <b>Heat 1 of 5 Finals Starts at 04:55 PM</b> |                    |     |              |           |
| 1  | Steve Dafoe        | M61 | TRAY-ON      | 2:11.13   |
| 2  | Margaret Pratt     | W67 | Winnipeg     | 2:10.00   |
| <b>Heat 2 of 5 Finals Starts at 04:57 PM</b> |                    |     |              |           |
| 1  | Gilles Levesgue    | M54 | CASO         | 2:00.00   |
| 2  | Ariane Morissette  | W29 | MMAC-MB      | 1:30.00   |
| 3  | Ron Cameron        | M74 | MB Gray Owls | 1:45.00   |
| <b>Heat 3 of 5 Finals Starts at 04:59 PM</b> |                    |     |              |           |
| 1  | Trent Vos          | M34 | MMAC-MB      | 1:21.00   |
| 2  | Andrew Loughhead   | M54 | MMAC-MB      | 1:20.00   |
| 3  | George Roy         | M71 | MB Gray Owls | 1:20.00   |
| 4  | Anthony Densmore   | M34 | MMAC-MB      | 1:30.00   |
| <b>Heat 4 of 5 Finals Starts at 05:01 PM</b> |                    |     |              |           |
| 1  | Shannon Adam       | W48 | Mid Can      | 1:18.17   |
| 2  | Bob Modrcin        | M51 | Mid Can      | 1:15.00   |
| 3  | Kristine Goldhawk  | W24 | BMSC         | 1:15.50   |
| 4  | Bailey Palson      | W28 | MMAC-MB      | 1:19.78   |
| <b>Heat 5 of 5 Finals Starts at 05:03 PM</b> |                    |     |              |           |
| 1  | Abigail Casey      | W45 | RMSC         | 1:12.03   |
| 2  | Alexander Love     | M30 | RMSC         | 1:01.00   |
| 3  | Gord Mason         | M46 | MB Gray Owls | 1:12.00   |
| 4  | Christy Myers Rust | W47 | BMSC         | 1:12.50   |

**Event 21 Women 200 SC Meter Freestyle Relay**

| Lane   | Team                   | Relay                    | Seed Time |
|--|------------------------|--------------------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 05:04 PM</b> |                        |                          |           |
| 1  | Mid Can                | W160 A                   | 2:40.00   |
|  | 1) Cary Smith W63      | 2) Fedra Salias W51      |           |
|  | 3) Shannon Adam W48    | 4) Laura Bliss W30       |           |
| 2  | MMAC-MB                | W160 A                   | 2:30.00   |
|  | 1) Cheryl Goldhawk W54 | 2) Stephanie Lambert W31 |           |
|  | 3) Bailey Palson W28   | 4) Ruth Horne W52        |           |

**Event 22 Men 200 SC Meter Freestyle Relay**

| Lane   | Team                    | Relay                  | Seed Time |
|--|-------------------------|------------------------|-----------|
| <b>Heat 1 of 1 Finals Starts at 05:07 PM</b> |                         |                        |           |
| 3  | Mid Can                 | M200 A                 | 3:20.00   |
|  | 1) Tom Lynch M55        | 2) Bob Groff M71       |           |
|  | 3) Fredrick Nash M56    | 4) Bob Modrcin M51     |           |
| 4  | MMAC-MB                 | M160 A                 | 2:05.70   |
|  | 1) Brett Andronak M26   | 2) Trent Vos M34       |           |
|  | 3) Andrew Loughhead M54 | 4) Steven Stothers M56 |           |

