

Mid-Can Masters Swim Club

Newsletter
Monday, June 26, 2017

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Fedra Salias, Bob Groff, Carrie Smith & Tracie McDonald St. Malo - June 24, 2017



Bigfoot - Mixed 25 SC Meter Freestyle - Pop Sidwell Swim Meet Nov 19, 2016

*** Canada Day Pool Closure - Saturday July 1, 2017 ***

Alternate Canada Activity

Because the pool is closed on Canada Day, we thought we would go to Bird's Hill Park to celebrate with some exercise and then, of course, food:

Date: Saturday, July 1, 2017 @ 9:00 am @ Birds Hill Park
Place: Meet at east beach parking lot. (A Provincial Park Pass is required)
Activity: Bike, skate, or walk, and then an open water swim.
Food: Afterwards we'll go to Oakbank for brunch

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St. Malo Triathlon

On Saturday June 24th, Fedra Salias, Tracie McDonald, Carrie Smith, and Bob Groff represented Mid-Can in the St. Malo Triathlon. They all performed very well. You can see the photos [here](#).

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2017 Stadium Schedule - Swim Practice Conflicts

Cancellations: July 13, July 27, Aug 17, & Aug 24, 2017

- 1) There are 3 more Blue Bomber [Thursday](#) evening games which conflict with our swim practices.
The Bomber schedule lists games on: **Thursday July 13, July 27, & Aug 17, 2017.**
- 2) Additionally, there is a Guns n Roses Concert on **Thursday Aug 24th, 2017.**
The practices on these [Thursday](#) evenings will be cancelled.

During these closures interested members, and their family & friends, can participate in an alternate activity:

Thursdays (June 8 & 15, July 13 & 27, Aug 17 & 24, 2017) @ 7:00 pm @ St. Norbert Community Centre Parking Lot, 3450 Pembina Hwy.

We'll skate/bike Pembina Hwy, Turnbull Drive, Red River Drive & return.

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See you in the pool:

Roy