

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Sherri Blake - 41**

**Borealis Multisport**

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<b>Seed Time:</b>	1:31.00	<< #16 Mixed 40-44 100 Fly >>	<b>Finals Time:</b>	1:30.47	(1) * 20
<b>Seed Time:</b>	2:55.00	<< #23 Mixed 40-44 200 Back >>	<b>Finals Time:</b>	2:49.89	(1) * 20

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**Individual Meet Summary**

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**Eddie Fisher - 59**

**Borealis Multisport**

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<b>Seed Time:</b>	1:27.00	<< #12 Mixed 55-59 100 IM >>	<b>Finals Time:</b>	1:24.62	(1)	*	20
<b>Seed Time:</b>	3:00.00	<< #24 Mixed 55-59 200 IM >>	<b>Finals Time:</b>	3:01.19	(1)		20

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**Nicole Kurtz - 45**

**Borealis Multisport**

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<b>Seed Time:</b>	42.00	<< #5 Mixed 45-49 50 Free >>	
		<b>Finals Time:</b>	NS
<b>Seed Time:</b>	25.00	<< #8 Mixed 45-49 25 Back >>	
		<b>Finals Time:</b>	NS
<b>Seed Time:</b>	59.00	<< #18 Mixed 45-49 50 Back >>	
		<b>Finals Time:</b>	NS

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**Individual Meet Summary**

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**Sally Boulding - 63**

**Boulding Belugas**

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<< #1 Mixed 60-64 800 Free >>

**Seed Time:** 13:30.00

**Finals Time:**

13:48.42

(1)

20

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**David Cochrane - 48**

**Brandon Masters**

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<b>Seed Time:</b>	34.10	<< #5 Mixed 45-49 50 Free >>	<b>Finals Time:</b>	33.52	(1) * 20
<b>Seed Time:</b>	1:40.15	<< #12 Mixed 45-49 100 IM >>	<b>Finals Time:</b>	1:30.64	(1) * 20
<b>Seed Time:</b>	39.15	<< #18 Mixed 45-49 50 Back >>	<b>Finals Time:</b>	40.90	(1) 20
<b>Seed Time:</b>	NT	<< #9 Mixed 200 Free Relay - BBMSC A - Leg 1 >>	<b>Finals Time:</b>	2:21.00	(1) 40

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**Malcolm MacKinney - 77**

**Brandon Masters**

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<b>Seed Time:</b>	59.15	<< #14 Mixed 75-79 50 Breast >>			
		<b>Finals Time:</b>	56.37	(1)	* 20
<b>Seed Time:</b>	28.15	<< #19 Mixed 75-79 25 Breast >>			
		<b>Finals Time:</b>	24.97	(1)	* 20

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**Taryn Morningstar - 22**

**Brandon Masters**

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<b>Seed Time:</b>	2:50.10	<b>&lt;&lt; #2 Mixed 18-24 200 Free &gt;&gt;</b>	<b>Finals Time:</b>	2:42.24	(1)	*	20
<b>Seed Time:</b>	32.10	<b>&lt;&lt; #5 Mixed 18-24 50 Free &gt;&gt;</b>	<b>Finals Time:</b>	30.13	(1)	*	20
<b>Seed Time:</b>	6:00.15	<b>&lt;&lt; #11 Mixed 18-24 400 Free &gt;&gt;</b>	<b>Finals Time:</b>	5:28.53	(1)	*	20
<b>Seed Time:</b>	1:25.15	<b>&lt;&lt; #12 Mixed 18-24 100 IM &gt;&gt;</b>	<b>Finals Time:</b>	1:24.69	(1)	*	20
<b>Seed Time:</b>	1:18.10	<b>&lt;&lt; #20 Mixed 18-24 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	1:08.74	(1)	*	20
<b>Seed Time:</b>	2:25.10	<b>&lt;&lt; #21 Women 200 Free Relay - BBMSC A - Leg 4 &gt;&gt;</b>	<b>Finals Time:</b>	2:20.09	(1)	*	40

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**Christy Myers-Rust - 46**

**Brandon Masters**

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<b>Seed Time:</b>	40.10	<< #5 Mixed 45-49 50 Free >>	<b>Finals Time:</b>	34.10	(1) * 20
<b>Seed Time:</b>	42.15	<< #10 Mixed 45-49 50 Fly >>	<b>Finals Time:</b>	39.93	(1) * 20
<b>Seed Time:</b>	1:39.15	<< #12 Mixed 45-49 100 IM >>	<b>Finals Time:</b>	1:29.48	(1) * 20
<b>Seed Time:</b>	2:25.10	<< #21 Women 200 Free Relay - BBMSC A - Leg 3 >>	<b>Finals Time:</b>	2:20.09	(1) * 40



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**Individual Meet Summary**

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**Lindsay Rust - 22**

**Brandon Masters**

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		<b>&lt;&lt; #1 Mixed 18-24 800 Free &gt;&gt;</b>			
<b>Seed Time:</b>	10:20.15	<b>Finals Time:</b>	12:24.35	(2)	17
		<b>&lt;&lt; #12 Mixed 18-24 100 IM &gt;&gt;</b>			
<b>Seed Time:</b>	1:31.15	<b>Finals Time:</b>	1:25.49	(2)	* 17
		<b>&lt;&lt; #9 Mixed 200 Free Relay - BBMSC A - Leg 3 &gt;&gt;</b>			
<b>Seed Time:</b>	NT	<b>Finals Time:</b>	2:21.00	(1)	40
		<b>&lt;&lt; #21 Women 200 Free Relay - BBMSC A - Leg 1 &gt;&gt;</b>			
<b>Seed Time:</b>	2:25.10	<b>Finals Time:</b>	2:20.09	(1)	* 40

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**Tami Spiropoulos - 34**

**Brandon Masters**

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		<< #5 Mixed 30-34 50 Free >>			
<b>Seed Time:</b>	37.15	<b>Finals Time:</b>	38.43	(2)	17
		<< #7 Mixed 30-34 100 Breast >>			
<b>Seed Time:</b>	1:31.15	<b>Finals Time:</b>	1:54.07	(1)	20
		<< #18 Mixed 30-34 50 Back >>			
<b>Seed Time:</b>	38.15	<b>Finals Time:</b>	45.63	(2)	17
		<< #9 Mixed 200 Free Relay - BBMSC A - Leg 2 >>			
<b>Seed Time:</b>	NT	<b>Finals Time:</b>	2:21.00	(1)	40
		<< #21 Women 200 Free Relay - BBMSC A - Leg 2 >>			
<b>Seed Time:</b>	2:25.10	<b>Finals Time:</b>	2:20.09	(1)	* 40

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**Tyler Wirch - 25**

**Brandon Masters**

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<b>Seed Time:</b>	2:55.10	<b>&lt;&lt; #2 Mixed 25-29 200 Free &gt;&gt;</b>	<b>Finals Time:</b>	2:42.77	(1)	*	20
<b>Seed Time:</b>	34.15	<b>&lt;&lt; #5 Mixed 25-29 50 Free &gt;&gt;</b>	<b>Finals Time:</b>	31.41	(2)	*	17
<b>Seed Time:</b>	6:00.15	<b>&lt;&lt; #11 Mixed 25-29 400 Free &gt;&gt;</b>	<b>Finals Time:</b>	5:30.49	(1)	*	20
<b>Seed Time:</b>	1:20.15	<b>&lt;&lt; #20 Mixed 25-29 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	1:11.91	(2)	*	17
<b>Seed Time:</b>	NT	<b>&lt;&lt; #9 Mixed 200 Free Relay - BBMSC A - Leg 4 &gt;&gt;</b>	<b>Finals Time:</b>	2:21.00	(1)		40

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**Individual Meet Summary**

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**Cindy Genyk - 44**

**Flving Tigers Swim Team**

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<b>Seed Time:</b>	45.00	<< #5 Mixed 40-44 50 Free >>	<b>Finals Time:</b>	41.33	(1)	*	20
<b>Seed Time:</b>	1:45.00	<< #12 Mixed 40-44 100 IM >>	<b>Finals Time:</b>	1:54.59	(2)		17
<b>Seed Time:</b>	55.00	<< #18 Mixed 40-44 50 Back >>	<b>Finals Time:</b>	52.43	(1)	*	20

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**Individual Meet Summary**

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**Malary Staples - 27**

**Flving Tigers Swim Team**

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<b>Seed Time:</b>	35.00	<< #8 Mixed 25-29 25 Back >>	<b>Finals Time:</b>	21.93	(1)	*	20
<b>Seed Time:</b>	30.00	<< #13 Mixed 25-29 25 Free >>	<b>Finals Time:</b>	20.09	(1)	*	20
<b>Seed Time:</b>	45.00	<< #19 Mixed 25-29 25 Breast >>	<b>Finals Time:</b>	24.39	(1)	*	20

**Pop Sidwell Masters Swim Meet - 2016-11-19**

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**Individual Meet Summary**

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**Paul Bell - 53**

**Kenora Swimming Sharks Masters**

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<b>Seed Time:</b>	32.90	<< #5 Mixed 50-54 50 Free >>	<b>Finals Time:</b>	31.87	(1) * 20
<b>Seed Time:</b>	1:34.86	<< #7 Mixed 50-54 100 Breast >>	<b>Finals Time:</b>	1:30.49	(1) * 20
<b>Seed Time:</b>	1:17.20	<< #20 Mixed 50-54 100 Free >>	<b>Finals Time:</b>	NS	
<b>Seed Time:</b>	2:47.78	<< #15 Mixed 200 Medley Relay - KEN A - Leg 4 >>	<b>Finals Time:</b>	2:50.72	(1) 40

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**Paloma Corrin - 29**

**Kenora Swimming Sharks Masters**

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<b>Seed Time:</b>	20.37	<< #3 Mixed 25-29 25 Fly >>	<b>Finals Time:</b>	19.11	(1)	*	20
<b>Seed Time:</b>	40.07	<< #5 Mixed 25-29 50 Free >>	<b>Finals Time:</b>	39.17	(4)	*	15
<b>Seed Time:</b>	1:48.07	<< #12 Mixed 25-29 100 IM >>	<b>Finals Time:</b>	1:43.47	(4)	*	15
<b>Seed Time:</b>	1:35.53	<< #20 Mixed 25-29 100 Free >>	<b>Finals Time:</b>	1:32.12	(2)	*	17
<b>Seed Time:</b>	2:47.78	<< #15 Mixed 200 Medley Relay - KEN A - Leg 2 >>	<b>Finals Time:</b>	2:50.72	(1)		40

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**Individual Meet Summary**

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**Mathew Lawrence - 35**

**Kenora Swimming Sharks Masters**

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<b>Seed Time:</b>	29.96	<< #5 Mixed 35-39 50 Free >>	<b>Finals Time:</b>	28.62	(1) * 20
<b>Seed Time:</b>	1:28.50	<< #7 Mixed 35-39 100 Breast >>	<b>Finals Time:</b>	1:27.06	(1) * 20
<b>Seed Time:</b>	33.62	<< #10 Mixed 35-39 50 Fly >>	<b>Finals Time:</b>	39.31	(1) 20
<b>Seed Time:</b>	1:22.39	<< #12 Mixed 35-39 100 IM >>	<b>Finals Time:</b>	1:23.93	(1) 20
<b>Seed Time:</b>	2:47.78	<< #15 Mixed 200 Medley Relay - KEN A - Leg 3 >>	<b>Finals Time:</b>	2:50.72	(1) 40



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**Carolyn Longe - 26**

**Kenora Swimming Sharks Masters**

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<b>Seed Time:</b>	38.12	<< #5 Mixed 25-29 50 Free >>	<b>Finals Time:</b>	36.28	(3)	*	16
<b>Seed Time:</b>	1:44.25	<< #12 Mixed 25-29 100 IM >>	<b>Finals Time:</b>	1:35.89	(3)	*	16
<b>Seed Time:</b>	43.25	<< #18 Mixed 25-29 50 Back >>	<b>Finals Time:</b>	43.77	(2)		17
<b>Seed Time:</b>	2:47.78	<< #15 Mixed 200 Medley Relay - KEN A - Leg 1 >>	<b>Finals Time:</b>	2:50.72	(1)		40

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**Individual Meet Summary**

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**Amber Palson - 25**

**Kenora Swimming Sharks Masters**

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<b>Seed Time:</b>	50.13	<< #5 Mixed 25-29 50 Free >>	<b>Finals Time:</b>	52.07	(5)	14
<b>Seed Time:</b>	1:06.08	<< #14 Mixed 25-29 50 Breast >>	<b>Finals Time:</b>	1:02.52	(1)	* 20
<b>Seed Time:</b>	29.76	<< #19 Mixed 25-29 25 Breast >>	<b>Finals Time:</b>	27.69	(2)	* 17

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**Individual Meet Summary**

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**Bailey Palson - 27**

**Kenora Swimming Sharks Masters**

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<b>Seed Time:</b>	36.33	<< #5 Mixed 25-29 50 Free >>	<b>Finals Time:</b>	34.12	(2)	*	17
<b>Seed Time:</b>	42.50	<< #10 Mixed 25-29 50 Fly >>	<b>Finals Time:</b>	40.37	(1)	*	20
<b>Seed Time:</b>	1:31.09	<< #12 Mixed 25-29 100 IM >>	<b>Finals Time:</b>	1:30.07	(2)	*	17
<b>Seed Time:</b>	1:19.78	<< #20 Mixed 25-29 100 Free >>	<b>Finals Time:</b>	1:18.95	(1)	*	20

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**Individual Meet Summary**

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**Nancy Rowsell - 37**

**Manitoba Gray Owl Flvers**

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<b>Seed Time:</b>	34.00	<< #5 Mixed 35-39 50 Free >>	<b>Finals Time:</b>	31.69	(2)	*	17
<b>Seed Time:</b>	1:20.00	<< #12 Mixed 35-39 100 IM >>	<b>Finals Time:</b>	1:21.72	(1)		20
<b>Seed Time:</b>	39.00	<< #14 Mixed 35-39 50 Breast >>	<b>Finals Time:</b>	42.37	(1)		20
<b>Seed Time:</b>	34.00	<< #18 Mixed 35-39 50 Back >>	<b>Finals Time:</b>	37.83	(1)		20

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Pop Sidwell 2016

**Individual Meet Summary**

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**Michelle Stamm - 54**

**Manitoba Grav Owl Flvers**

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<b>Seed Time:</b>	30.00	<< #3 Mixed 50-54 25 Fly >>			
		<b>Finals Time:</b>	24.53	(1)	* 20
<b>Seed Time:</b>	25.00	<< #8 Mixed 50-54 25 Back >>			
		<b>Finals Time:</b>	23.27	(1)	* 20
<b>Seed Time:</b>	22.00	<< #13 Mixed 50-54 25 Free >>			
		<b>Finals Time:</b>	DQ		

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**Individual Meet Summary**

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**Miranda Willard - 28**

**Manitoba Grav Owl Flvers**

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<b>Seed Time:</b>	35.00	<< #5 Mixed 25-29 50 Free >>	<b>Finals Time:</b>	30.89	(1)	*	20
<b>Seed Time:</b>	1:24.00	<< #7 Mixed 25-29 100 Breast >>	<b>Finals Time:</b>	1:27.27	(1)		20
<b>Seed Time:</b>	1:18.00	<< #12 Mixed 25-29 100 IM >>	<b>Finals Time:</b>	1:18.47	(1)		20
<b>Seed Time:</b>	35.00	<< #18 Mixed 25-29 50 Back >>	<b>Finals Time:</b>	34.86	(1)	*	20

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**Individual Meet Summary**

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**Brett Andronak - 25**

**Manitoba Masters Aquatic Club-MB**

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		<b>&lt;&lt; #5 Mixed 25-29 50 Free &gt;&gt;</b>			
<b>Seed Time:</b>	30.00		<b>Finals Time:</b>	28.70	(1) * 20
		<b>&lt;&lt; #12 Mixed 25-29 100 IM &gt;&gt;</b>			
<b>Seed Time:</b>	1:15.00		<b>Finals Time:</b>	1:14.67	(1) * 20
		<b>&lt;&lt; #9 Mixed 200 Free Relay - MMAC-MB A - Leg 4 &gt;&gt;</b>			
<b>Seed Time:</b>	2:07.03		<b>Finals Time:</b>	2:18.90	(1) 40
		<b>&lt;&lt; #22 Men 200 Free Relay - MMAC-MB A - Leg 4 &gt;&gt;</b>			
<b>Seed Time:</b>	2:15.00		<b>Finals Time:</b>	2:07.33	(1) * 40

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**Individual Meet Summary**

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**Leah Barnlund - 59**

**Manitoba Masters Aquatic Club-MB**

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		<b>&lt;&lt; #7 Mixed 55-59 100 Breast &gt;&gt;</b>			
<b>Seed Time:</b>	1:47.00	<b>Finals Time:</b>	1:51.17	(1)	20
		<b>&lt;&lt; #12 Mixed 55-59 100 IM &gt;&gt;</b>			
<b>Seed Time:</b>	1:41.00	<b>Finals Time:</b>	1:43.53	(3)	16



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**Individual Meet Summary**

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**Phil Bryant - 62**

**Manitoba Masters Aquatic Club-MB**

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<b>Seed Time:</b>	1:34.52	<b>&lt;&lt; #4 Mixed 60-64 100 Back &gt;&gt;</b>	<b>Finals Time:</b>	NS
<b>Seed Time:</b>	40.01	<b>&lt;&lt; #10 Mixed 60-64 50 Fly &gt;&gt;</b>	<b>Finals Time:</b>	NS
<b>Seed Time:</b>	1:41.65	<b>&lt;&lt; #12 Mixed 60-64 100 IM &gt;&gt;</b>	<b>Finals Time:</b>	NS
<b>Seed Time:</b>	1:15.86	<b>&lt;&lt; #20 Mixed 60-64 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	NS
<b>Seed Time:</b>	2:48.00	<b>&lt;&lt; #15 Mixed 200 Medley Relay - MMAC-MB A - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:34.69 (1) * 40

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**Individual Meet Summary**

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**Anthony Densmore - 33**

**Manitoba Masters Aquatic Club-MB**

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<b>Seed Time:</b>	40.00	<< #5 Mixed 30-34 50 Free >>	<b>Finals Time:</b>	36.59	(2)	*	17
<b>Seed Time:</b>	7:00.00	<< #11 Mixed 30-34 400 Free >>	<b>Finals Time:</b>	6:46.98	(1)	*	20
<b>Seed Time:</b>	30.00	<< #13 Mixed 30-34 25 Free >>	<b>Finals Time:</b>	17.09	(1)	*	20
<b>Seed Time:</b>	1:30.00	<< #14 Mixed 30-34 50 Breast >>	<b>Finals Time:</b>	47.23	(1)	*	20
<b>Seed Time:</b>	1:40.00	<< #20 Mixed 30-34 100 Free >>	<b>Finals Time:</b>	1:25.65	(2)	*	17



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**Jennifer Grove - 44**

**Manitoba Masters Aquatic Club-MB**

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		<b>&lt;&lt; #4 Mixed 40-44 100 Back &gt;&gt;</b>			
<b>Seed Time:</b>	1:20.00	<b>Finals Time:</b>	1:19.80	(1) *	20
		<b>&lt;&lt; #12 Mixed 40-44 100 IM &gt;&gt;</b>			
<b>Seed Time:</b>	1:20.00	<b>Finals Time:</b>	1:25.19	(1)	20
		<b>&lt;&lt; #18 Mixed 40-44 50 Back &gt;&gt;</b>			
<b>Seed Time:</b>	40.00	<b>Finals Time:</b>	NS		
		<b>&lt;&lt; #9 Mixed 200 Free Relay - MMAC-MB A - Leg 3 &gt;&gt;</b>			
<b>Seed Time:</b>	2:07.03	<b>Finals Time:</b>	2:18.90	(1)	40
		<b>&lt;&lt; #15 Mixed 200 Medley Relay - MMAC-MB A - Leg 1 &gt;&gt;</b>			
<b>Seed Time:</b>	2:48.00	<b>Finals Time:</b>	2:34.69	(1) *	40

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**Stephanie Lambert - 30**

**Manitoba Masters Aquatic Club-MB**

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		<< #5 Mixed 30-34 50 Free >>				
<b>Seed Time:</b>	34.59	<b>Finals Time:</b>	34.93	(1)	20	
		<< #10 Mixed 30-34 50 Fly >>				
<b>Seed Time:</b>	39.06	<b>Finals Time:</b>	38.26	(1)	* 20	
		<< #18 Mixed 30-34 50 Back >>				
<b>Seed Time:</b>	37.55	<b>Finals Time:</b>	39.20	(1)	20	
		<< #15 Mixed 200 Medley Relay - MMAC-MB A - Leg 4 >>				
<b>Seed Time:</b>	2:48.00	<b>Finals Time:</b>	2:34.69	(1)	* 40	

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**Andrew Loughead - 53**

**Manitoba Masters Aquatic Club-MB**

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<b>Seed Time:</b>	33.00	<< #5 Mixed 50-54 50 Free >>	<b>Finals Time:</b>	33.72	(2)	17
<b>Seed Time:</b>	43.00	<< #10 Mixed 50-54 50 Fly >>	<b>Finals Time:</b>	40.12	(1)	* 20
<b>Seed Time:</b>	1:32.00	<< #12 Mixed 50-54 100 IM >>	<b>Finals Time:</b>	1:27.33	(1)	* 20
<b>Seed Time:</b>	45.00	<< #14 Mixed 50-54 50 Breast >>	<b>Finals Time:</b>	43.13	(1)	* 20
<b>Seed Time:</b>	2:15.00	<< #22 Men 200 Free Relay - MMAC-MB A - Leg 1 >>	<b>Finals Time:</b>	2:07.33	(1)	* 40

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**Sheila Sapirstein - 56**

**Manitoba Masters Aquatic Club-MB**

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<b>Seed Time:</b>	37.00	<< #5 Mixed 55-59 50 Free >>	<b>Finals Time:</b>	38.59	(1)	20
<b>Seed Time:</b>	1:36.00	<< #12 Mixed 55-59 100 IM >>	<b>Finals Time:</b>	1:38.78	(2)	17
<b>Seed Time:</b>	49.00	<< #14 Mixed 55-59 50 Breast >>	<b>Finals Time:</b>	50.53	(1)	20
<b>Seed Time:</b>	2:07.03	<< #9 Mixed 200 Free Relay - MMAC-MB A - Leg 1 >>	<b>Finals Time:</b>	2:18.90	(1)	40

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**Ben Van Den Bosch - 59**

**Manitoba Masters Aquatic Club-MB**

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<b>Seed Time:</b>	13:00.00	<b>&lt;&lt; #1 Mixed 55-59 800 Free &gt;&gt;</b>	<b>Finals Time:</b>	13:11.92	(1)	20
<b>Seed Time:</b>	1:45.00	<b>&lt;&lt; #7 Mixed 55-59 100 Breast &gt;&gt;</b>	<b>Finals Time:</b>	1:42.00	(1)	* 20
<b>Seed Time:</b>	6:30.00	<b>&lt;&lt; #11 Mixed 55-59 400 Free &gt;&gt;</b>	<b>Finals Time:</b>	6:27.68	(1)	* 20
<b>Seed Time:</b>	1:40.00	<b>&lt;&lt; #16 Mixed 55-59 100 Fly &gt;&gt;</b>	<b>Finals Time:</b>	1:44.90	(1)	20
<b>Seed Time:</b>	2:07.03	<b>&lt;&lt; #9 Mixed 200 Free Relay - MMAC-MB A - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:18.90	(1)	40
<b>Seed Time:</b>	2:15.00	<b>&lt;&lt; #22 Men 200 Free Relay - MMAC-MB A - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:07.33	(1)	* 40



**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Trent Vos - 33**

**Manitoba Masters Aquatic Club-MB**

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<b>Seed Time:</b>	37.00	<< #5 Mixed 30-34 50 Free >>	<b>Finals Time:</b>	37.57	(3)	16
<b>Seed Time:</b>	45.00	<< #10 Mixed 30-34 50 Fly >>	<b>Finals Time:</b>	44.93	(1)	* 20
<b>Seed Time:</b>	1:29.00	<< #20 Mixed 30-34 100 Free >>	<b>Finals Time:</b>	1:23.89	(1)	* 20
<b>Seed Time:</b>	2:48.00	<< #15 Mixed 200 Medley Relay - MMAC-MB A - Leg 3 >>	<b>Finals Time:</b>	2:34.69	(1)	* 40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Shannon Adam - 47**

**Midcan Masters**

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		<b>&lt;&lt; #5 Mixed 45-49 50 Free &gt;&gt;</b>			
<b>Seed Time:</b>	35.00	<b>Finals Time:</b>	34.85	(2)	* 17
		<b>&lt;&lt; #20 Mixed 45-49 100 Free &gt;&gt;</b>			
<b>Seed Time:</b>	1:25.00	<b>Finals Time:</b>	1:18.17	(1)	* 20
		<b>&lt;&lt; #9 Mixed 200 Free Relay - MIDC B - Leg 4 &gt;&gt;</b>			
<b>Seed Time:</b>	2:30.00	<b>Finals Time:</b>	2:25.04	(1)	* 40
		<b>&lt;&lt; #15 Mixed 200 Medley Relay - MIDC A - Leg 3 &gt;&gt;</b>			
<b>Seed Time:</b>	2:53.87	<b>Finals Time:</b>	2:57.84	(1)	40
		<b>&lt;&lt; #21 Women 200 Free Relay - MIDC A - Leg 1 &gt;&gt;</b>			
<b>Seed Time:</b>	2:30.00	<b>Finals Time:</b>	2:51.61	(1)	40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Wenda Dickens - 66**

**Midcan Masters**

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<b>Seed Time:</b>	40.00	<< #5 Mixed 65-69 50 Free >>	<b>Finals Time:</b>	40.42	(1)	20
<b>Seed Time:</b>	22.00	<< #8 Mixed 65-69 25 Back >>	<b>Finals Time:</b>	23.02	(1)	20
<b>Seed Time:</b>	20.00	<< #13 Mixed 65-69 25 Free >>	<b>Finals Time:</b>	18.57	(1)	* 20
<b>Seed Time:</b>	50.00	<< #18 Mixed 65-69 50 Back >>	<b>Finals Time:</b>	48.31	(1)	* 20
<b>Seed Time:</b>	25.00	<< #19 Mixed 65-69 25 Breast >>	<b>Finals Time:</b>	24.51	(1)	* 20
<b>Seed Time:</b>	2:22.94	<< #9 Mixed 200 Free Relay - MIDC A - Leg 4 >>	<b>Finals Time:</b>	2:42.81	(1)	40
<b>Seed Time:</b>	2:53.87	<< #15 Mixed 200 Medley Relay - MIDC A - Leg 4 >>	<b>Finals Time:</b>	2:57.84	(1)	40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Roy Eldridge - 69**

**Midcan Masters**

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<b>Seed Time:</b>	3:10.00	<b>&lt;&lt; #2 Mixed 65-69 200 Free &gt;&gt;</b>	<b>Finals Time:</b>	3:05.03	(1)	*	20
<b>Seed Time:</b>	6:30.00	<b>&lt;&lt; #11 Mixed 65-69 400 Free &gt;&gt;</b>	<b>Finals Time:</b>	6:32.65	(1)		20
<b>Seed Time:</b>	1:25.00	<b>&lt;&lt; #20 Mixed 65-69 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	1:25.29	(1)		20
<b>Seed Time:</b>	2:22.94	<b>&lt;&lt; #9 Mixed 200 Free Relay - MIDC A - Leg 3 &gt;&gt;</b>	<b>Finals Time:</b>	2:42.81	(1)		40
<b>Seed Time:</b>	2:16.20	<b>&lt;&lt; #22 Men 200 Free Relay - MIDC A - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:31.45	(1)		40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Bob Groff - 70**

**Midcan Masters**

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		<b>&lt;&lt; #5 Mixed 70-74 50 Free &gt;&gt;</b>			
<b>Seed Time:</b>	36.21	<b>Finals Time:</b>	38.33	(2)	17
		<b>&lt;&lt; #18 Mixed 70-74 50 Back &gt;&gt;</b>			
<b>Seed Time:</b>	43.42	<b>Finals Time:</b>	48.05	(1)	20
		<b>&lt;&lt; #9 Mixed 200 Free Relay - MIDC A - Leg 1 &gt;&gt;</b>			
<b>Seed Time:</b>	2:22.94	<b>Finals Time:</b>	2:42.81	(1)	40
		<b>&lt;&lt; #15 Mixed 200 Medley Relay - MIDC A - Leg 1 &gt;&gt;</b>			
<b>Seed Time:</b>	2:53.87	<b>Finals Time:</b>	2:57.84	(1)	40
		<b>&lt;&lt; #22 Men 200 Free Relay - MIDC A - Leg 1 &gt;&gt;</b>			
<b>Seed Time:</b>	2:16.20	<b>Finals Time:</b>	2:31.45	(1)	40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Rhonda Leger - 48**

**Midcan Masters**

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<b>Seed Time:</b>	23.00	<< #3 Mixed 45-49 25 Fly >>	<b>Finals Time:</b>	22.29	(1)	*	20
<b>Seed Time:</b>	40.00	<< #5 Mixed 45-49 50 Free >>	<b>Finals Time:</b>	41.83	(3)		16
<b>Seed Time:</b>	57.00	<< #14 Mixed 45-49 50 Breast >>	<b>Finals Time:</b>	55.49	(1)	*	20
<b>Seed Time:</b>	2:30.00	<< #21 Women 200 Free Relay - MIDC A - Leg 2 >>	<b>Finals Time:</b>	2:51.61	(1)		40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Yungang Liang - 26**

**Midcan Masters**

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<< #20 Mixed 25-29 100 Free >>

**Seed Time:** 1:10.00

**Finals Time:**

1:06.97 (1) \* 20

**Pop Sidwell Masters Swim Meet - 2016-11-19**

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**Individual Meet Summary**

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**Tom Lynch - 54**

**Midcan Masters**

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<b>Seed Time:</b>	34.77	<< #5 Mixed 50-54 50 Free >>	<b>Finals Time:</b>	36.19	(3)	16
<b>Seed Time:</b>	46.07	<< #10 Mixed 50-54 50 Fly >>	<b>Finals Time:</b>	NS		
<b>Seed Time:</b>	15.19	<< #13 Mixed 50-54 25 Free >>	<b>Finals Time:</b>	16.18	(1)	20
<b>Seed Time:</b>	2:30.00	<< #9 Mixed 200 Free Relay - MIDC B - Leg 1 >>	<b>Finals Time:</b>	2:25.04	(1)	* 40
<b>Seed Time:</b>	2:50.00	<< #15 Mixed 200 Medley Relay - MIDC B - Leg 3 >>	<b>Finals Time:</b>	3:27.19	(2)	34
<b>Seed Time:</b>	2:16.20	<< #22 Men 200 Free Relay - MIDC A - Leg 3 >>	<b>Finals Time:</b>	2:31.45	(1)	40



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**Cindy Mckague - 31**

**Midcan Masters**

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<b>Seed Time:</b>	1:15.00	<b>&lt;&lt; #4 Mixed 30-34 100 Back &gt;&gt;</b>	<b>Finals Time:</b>	1:14.81	(1)	*	20
<b>Seed Time:</b>	1:10.00	<b>&lt;&lt; #20 Mixed 30-34 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	1:07.15	(1)	*	20
<b>Seed Time:</b>	2:40.00	<b>&lt;&lt; #24 Mixed 30-34 200 IM &gt;&gt;</b>	<b>Finals Time:</b>	2:46.59	(1)		20
<b>Seed Time:</b>	2:30.00	<b>&lt;&lt; #21 Women 200 Free Relay - MIDC A - Leg 4 &gt;&gt;</b>	<b>Finals Time:</b>	2:51.61	(1)		40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Colleen Metge - 64**

**Midcan Masters**

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<b>Seed Time:</b>	2:15.00	<b>&lt;&lt; #4 Mixed 60-64 100 Back &gt;&gt;</b>	<b>Finals Time:</b>	2:32.44	(1)	20
<b>Seed Time:</b>	58.40	<b>&lt;&lt; #5 Mixed 60-64 50 Free &gt;&gt;</b>	<b>Finals Time:</b>	1:00.50	(2)	17
<b>Seed Time:</b>	50.50	<b>&lt;&lt; #18 Mixed 60-64 50 Back &gt;&gt;</b>	<b>Finals Time:</b>	1:10.19	(1)	20
<b>Seed Time:</b>	1:50.30	<b>&lt;&lt; #20 Mixed 60-64 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	2:14.97	(1)	20
<b>Seed Time:</b>	2:30.00	<b>&lt;&lt; #21 Women 200 Free Relay - MIDC A - Leg 3 &gt;&gt;</b>	<b>Finals Time:</b>	2:51.61	(1)	40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Bob Modrcin - 50**

**Midcan Masters**

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<b>Seed Time:</b>	16:00.00	<b>&lt;&lt; #1 Mixed 50-54 800 Free &gt;&gt;</b>	<b>Finals Time:</b>	13:21.71	(1)	*	20
<b>Seed Time:</b>	1:50.00	<b>&lt;&lt; #7 Mixed 50-54 100 Breast &gt;&gt;</b>	<b>Finals Time:</b>	1:49.13	(2)	*	17
<b>Seed Time:</b>	1:14.12	<b>&lt;&lt; #20 Mixed 50-54 100 Free &gt;&gt;</b>	<b>Finals Time:</b>	1:21.47	(1)		20
<b>Seed Time:</b>	2:30.00	<b>&lt;&lt; #9 Mixed 200 Free Relay - MIDC B - Leg 3 &gt;&gt;</b>	<b>Finals Time:</b>	2:25.04	(1)	*	40
<b>Seed Time:</b>	2:53.87	<b>&lt;&lt; #15 Mixed 200 Medley Relay - MIDC A - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:57.84	(1)		40
<b>Seed Time:</b>	2:16.20	<b>&lt;&lt; #22 Men 200 Free Relay - MIDC A - Leg 4 &gt;&gt;</b>	<b>Finals Time:</b>	2:31.45	(1)		40

**Pop Sidwell Masters Swim Meet - 2016-11-19**

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**Individual Meet Summary**

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**Francie Palmer - 65**

**Midcan Masters**

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<b>Seed Time:</b>	1:45.00	<b>&lt;&lt; #4 Mixed 65-69 100 Back &gt;&gt;</b>	<b>Finals Time:</b>	1:48.53	(1)	20
<b>Seed Time:</b>	45.00	<b>&lt;&lt; #18 Mixed 65-69 50 Back &gt;&gt;</b>	<b>Finals Time:</b>	50.87	(2)	17
<b>Seed Time:</b>	3:58.00	<b>&lt;&lt; #23 Mixed 65-69 200 Back &gt;&gt;</b>	<b>Finals Time:</b>	3:50.63	(1)	* 20
<b>Seed Time:</b>	2:22.94	<b>&lt;&lt; #9 Mixed 200 Free Relay - MIDC A - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:42.81	(1)	40
<b>Seed Time:</b>	2:50.00	<b>&lt;&lt; #15 Mixed 200 Medley Relay - MIDC B - Leg 1 &gt;&gt;</b>	<b>Finals Time:</b>	3:27.19	(2)	34

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Fedra Salias - 50**

**Midcan Masters**

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<b>Seed Time:</b>	16:00.00	<b>&lt;&lt; #1 Mixed 50-54 800 Free &gt;&gt;</b>	<b>Finals Time:</b>	15:25.69	(1)	*	20
<b>Seed Time:</b>	24.00	<b>&lt;&lt; #13 Mixed 50-54 25 Free &gt;&gt;</b>	<b>Finals Time:</b>	17.16	(1)	*	20
<b>Seed Time:</b>	55.00	<b>&lt;&lt; #14 Mixed 50-54 50 Breast &gt;&gt;</b>	<b>Finals Time:</b>	52.53	(1)	*	20
<b>Seed Time:</b>	2:30.00	<b>&lt;&lt; #9 Mixed 200 Free Relay - MIDC B - Leg 2 &gt;&gt;</b>	<b>Finals Time:</b>	2:25.04	(1)	*	40
<b>Seed Time:</b>	2:50.00	<b>&lt;&lt; #15 Mixed 200 Medley Relay - MIDC B - Leg 4 &gt;&gt;</b>	<b>Finals Time:</b>	3:27.19	(2)		34

**Pop Sidwell Masters Swim Meet - 2016-11-19**

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**Individual Meet Summary**

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**Cary Smith - 62**

**Midcan Masters**

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<b>Seed Time:</b>	54.00	<< #3 Mixed 60-64 25 Fly >>	<b>Finals Time:</b>	24.29	(1)	*	20
<b>Seed Time:</b>	48.00	<< #5 Mixed 60-64 50 Free >>	<b>Finals Time:</b>	45.03	(1)	*	20
<b>Seed Time:</b>	40.00	<< #8 Mixed 60-64 25 Back >>	<b>Finals Time:</b>	24.55	(1)	*	20
<b>Seed Time:</b>	40.00	<< #13 Mixed 60-64 25 Free >>	<b>Finals Time:</b>	19.19	(1)	*	20
<b>Seed Time:</b>	2:50.00	<< #15 Mixed 200 Medley Relay - MIDC B - Leg 2 >>	<b>Finals Time:</b>	3:27.19	(2)		34

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Jennifer Gardiner - 37**

**Regina Masters Swim Club**

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<b>Seed Time:</b>	31.00	<< #5 Mixed 35-39 50 Free >>	<b>Finals Time:</b>	31.16	(1)	20
<b>Seed Time:</b>	3:10.00	<< #6 Mixed 35-39 200 Breast >>	<b>Finals Time:</b>	3:09.44	(1)	* 20
<b>Seed Time:</b>	1:35.00	<< #7 Mixed 35-39 100 Breast >>	<b>Finals Time:</b>	1:27.42	(1)	* 20
<b>Seed Time:</b>	5:10.00	<< #11 Mixed 35-39 400 Free >>	<b>Finals Time:</b>	5:02.86	(1)	* 20
<b>Seed Time:</b>	3:00.00	<< #17 Mixed 35-39 200 Fly >>	<b>Finals Time:</b>	2:52.93	(1)	* 20
<b>Seed Time:</b>	1:10.00	<< #20 Mixed 35-39 100 Free >>	<b>Finals Time:</b>	NS		

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**Natalya Milner - 24**

**Regina Masters Swim Club**

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<b>Seed Time:</b>	11:20.00	<< #1 Mixed 18-24 800 Free >>	<b>Finals Time:</b>	10:58.75	(1)	*	20
<b>Seed Time:</b>	1:18.00	<< #16 Mixed 18-24 100 Fly >>	<b>Finals Time:</b>	1:26.50	(1)		20
<b>Seed Time:</b>	1:08.00	<< #20 Mixed 18-24 100 Free >>	<b>Finals Time:</b>	1:14.44	(2)		17
<b>Seed Time:</b>	2:53.00	<< #24 Mixed 18-24 200 IM >>	<b>Finals Time:</b>	3:00.93	(1)		20



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**Individual Meet Summary**

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**Andy Ritchie - 58**

**Thunder Rays**

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<b>Seed Time:</b>	31.00	<< #5 Mixed 55-59 50 Free >>	<b>Finals Time:</b>	30.29	(1)	*	20
<b>Seed Time:</b>	32.50	<< #10 Mixed 55-59 50 Fly >>	<b>Finals Time:</b>	32.19	(1)	*	20
<b>Seed Time:</b>	1:11.50	<< #12 Mixed 55-59 100 IM >>	<b>Finals Time:</b>	1:13.36	(1)		20
<b>Seed Time:</b>	41.50	<< #14 Mixed 55-59 50 Breast >>	<b>Finals Time:</b>	37.68	(1)	*	20
<b>Seed Time:</b>	35.00	<< #18 Mixed 55-59 50 Back >>	<b>Finals Time:</b>	34.63	(1)	*	20
<b>Seed Time:</b>	2:33.50	<< #24 Mixed 55-59 200 IM >>	<b>Finals Time:</b>	2:41.73	(1)		20

**Pop Sidwell Masters Swim Meet - 2016-11-19**

Pop Sidwell 2016

**Individual Meet Summary**

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**David Kerr - 70**

**Winnipeg Masters**

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<b>Seed Time:</b>	38.00	<< #5 Mixed 70-74 50 Free >>	<b>Finals Time:</b>	36.61	(1) * 20
<b>Seed Time:</b>	45.00	<< #10 Mixed 70-74 50 Fly >>	<b>Finals Time:</b>	42.36	(1) * 20
<b>Seed Time:</b>	1:45.09	<< #12 Mixed 70-74 100 IM >>	<b>Finals Time:</b>	1:36.17	(1) * 20
<b>Seed Time:</b>	50.00	<< #14 Mixed 70-74 50 Breast >>	<b>Finals Time:</b>	49.29	(1) * 20
<b>Seed Time:</b>	48.00	<< #18 Mixed 70-74 50 Back >>	<b>Finals Time:</b>	DQ	
<b>Seed Time:</b>	4:00.00	<< #24 Mixed 70-74 200 IM >>	<b>Finals Time:</b>	3:38.10	(1) * 20