

**Mid-Can Masters Swim Club
Annual General Business Meeting
October 17th, 2015**

Attendees: Rhonda Leger, Rod Clifton, Bob Modrcin, Roy Smith, Carrie Smith, Wenda Dickens, Greg Giesbrecht, Bob Groff,, Pal Temesvari, Francie Palmer, Wilhelmina Findlay, Roy Eldridge, Shannon Adam, Rhea MacLean, Mary Ann Mork ,Christy Schmidt and Colleen Metge

1. Call to order 10:15 am
2. Approval of Agenda [Roy S./ Francie, Carried]
3. Approval of the Minutes of October 18, 2014 AGM [Mary Ann/Wenda, Carried]
4. President's Report: Bob Modrcin welcomed all members to the AGM breakfast and thanked the executive board members for their contributions over the past year. Specifically: Carrie for organizing the AGM breakfast and upcoming Pop Sidwell Banquet, Roy S. for his great newsletters, Roy E. for coordinating the club t-shirts, Colleen for her treasurer and creative writing skills, Rhonda for her secretarial role, Bob G as MSM Rep and our very own meet manager ,and Wenda and Greg for their broad knowledge of and contributions to our club. The Active Living Center is now complete and there are far less construction woes. Late starts of the Saturday 8am practices remains an issue, however. Recruiting new members has been the focus of the past year. Our "Intro to Masters" program has attracted five people so far and a few have seen our advertising on Facebook and promotional ads. Finally, swimming etiquette was discussed and reviewed. .
5. Financial Report/Membership Report: Colleen Metge provided a detailed report and Income/Expense Statement outlining a "relatively fiscally sound year". An approximate 20% decrease in membership resulted in a deficit of around \$1600. As of today, we have 27 paid members. Encouragingly, we have some former members returning and a few possible new swimmers in the "Intro" Program.
6. Coaches Report: Pal Temesvari feels the AGM breakfast meeting is the one event we should really encourage all members to attend. More advertising and talk about it should be happening prior. With regards to swimming etiquette, Pal thinks a gap of 5 to 10 seconds between swimmers is the best way to space people in their lanes and turns have to occur in the returning lane. He wants us to **read** the work- out on the board and **follow** it to the best of our ability and ask questions if we are not sure. We should strive to increase our speed when *swimming hard* is asked for. It will make a difference when we enter swim meets. On that note, stream lining underwater should be undertaken for free and back stroke as well. Swim drills during warm- up is not a waste of time. It helps us learn and fix stroke technique. Arriving early to stretch and being on time is important in the structure of the work out as well. Core strengthening exercises like planks, done at home will vastly improve our performance, too.
7. Pop Sidwell Swim Meet: November 21, 2015 Officials sign up sheet will be posted. Banquet will be at the St. John's College for \$35 a meal.
8. Meet Schedule for 2015/2016 Season:
 - Kay Kerr Pentathlon January 29/16 –possibly at U of M
 - Provincials (March Madness) March 19/16

- Nationals in Toronto May Long Weekend

9. Election of Members of the Board of Directors: Greg Giesbrecht

2015-2016 Mid-Can Masters Swim Club Executive Board

i. President	Bozidar Modrcin	Oct/14-Sep/16
ii. Vice-President	Wenda Dickens	Oct/14-Sep/16
iii. Treasurer	Colleen Metge	Oct/14-Sep/16
iv. Secretary	Rhonda Leger	Oct/15-Sep/17
v. Directors at Large	Roy Smith and Roy Eldridge	
	Oct/14-Sep/16	
vi. Past President	Greg Giesbrecht	Oct/14-Sep/16
vii. Social Coordinator	Carrie Smith	Oct/14-Sep/16
viii. MSM Rep	Bob Groff	
ix. Newsletter	Roy Smith	

Thank you to our executive members and past/present members for their continued dedication.

10. Open Discussion: Carrie suggested we send Christmas cards to desk staff, life guards, Pool Guy (Mike) and custodian, Mary- Anne.
11. Next Executive Board meeting: November 12, 2015 in the Active Living Center lobby